

# Smoking Cessation Program Sponsored by PERS

**NDPERS Wellness Forum**

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# BACKGROUND

- **2003 Legislature provided \$250,000 to Health Department to fund smoking cessation programs for state employees.**
- **NDPERS partnered with Health Department and BCBSND to develop program.**
- **Program launched in August 2004 and concluded June 30, 2005.**

# PROGRAM PARTICIPATION

- **2003-05 Biennium:**
  - **169 individuals participated in the program**
  - **\$35,302 was reimbursed to cover counseling, office visits, and Rx and over the counter medications.**

# **NEW BEGINNING**

- **2005 Legislature provided \$200,000 to Health Department to fund smoking cessation programs for state employees.**
- **NDPERS has again partnered with Health Department and BCBSND to develop program.**
- **Program reinstated September 2005.**

# BENEFIT PERIODS

- **There will be 4 benefit periods to enroll throughout the biennium**
  - **9/1/2005 – 12/31/2005**
  - **1/1/2006 – 6/30/2006**
  - **7/1/2006 – 12/31/2006**
  - **1/1/2007 – 6/30/2007**

# SERVICES & REIMBURSEMENT

- **Per Member Per Benefit Period:**
  - \$200 for counseling services
  - \$500 for office visit, prescription drugs and over-the-counter drugs prescribed for tobacco cessation
  - Total expenses cannot exceed \$700

# ENROLLMENT

- **Information available through BCBSND service unit number on insurance ID card**
- **PERS web site at [www.nd.gov/ndpers](http://www.nd.gov/ndpers) under smoking cessation icon on home page**

# QUESTIONS?

